



Max Sports



First you become a winner...then you win!

Maxie Pooler of **Max Sports** is committed to helping Youth League Coaches improve their teaching skills by providing the best Hands-On training program available.

Maxie's coaching philosophies originated from his successful college career, his knowledge as a certified umpire and his on-field results with local tournament teams that consistently rank high in the nation.

Maxie is a coach, a teacher and a father who understands the role that sports play in building character, leadership and

winning attitudes that reflect into all aspects of a player's life. There is no sitting down for lectures or videos during the session; instead Maxie provides a hands-on approach that will allow anyone from the first time coach to the seasoned little league manager to benefit from the techniques and tools provided.



Maxie Pooler: Coach of U9 Alabama Senators

- St. Paul College, Virginia; All Conference (CIAA) 1989-90
- 10 Years Youth Baseball Coaching Experience
- Father of 3 Children (14 yr, 9 yr, 6 yr)
- 2006-07 U9 Senators Ranked #4 Nationally and #1 in the State of Alabama

Each Coach Receives:

- Assistance in organizing practice for each age group that will help maximize the effectiveness of practice time. This helps players improve and reduces the "playing in the dirt" time. Individual player downtime can keep players from having the maximum amount of fun and learning!
- Hands on training program designed to improve teaching skills. This includes detailed drills and specifics such as body placement to help players develop proper habits early.
- Drills for use at different age levels.
- Information on legal issues associated with youth sports, first aid, information, and safety issues.
- Coaching reference material and recommendations for sources of further information.

Benefits to Your League:

- Develops uniformity and consistency in player development throughout the player's career in your league. This helps parents and coaches stay together in building skills.
- Facilitates league communication across age divisions.
- Provides coaches access to proven and correct teaching methods.
- Coaches are instructed in safe practice and game environments. This protects Coaches and League officials by minimizing liability concerns.
- Reduces injury concerns by providing first aid information.
- Joins with you in building a league that is fun, educational and a healthy foundation for your community! As a result the league continues to flourish and resources become more available that allows your league to continue to give back to the community and its children.



Details:

1 Day Coaches & Player Workshop Combined

- 8:00 – 9:30 **Coaches Session.**
- Practice Planning
 - Drills
 - Batting Keys
 - Pitching Keys
 - Fielding Keys
 - Catching Keys
 - Base Running Basics
 - Signs
 - Game Day
 - Player Awards
 - Coaches Code of Ethics

Players Session Begins at 8:30!

8:30 – 9:30 Players learn proper Stretching and how to warm up.

- 9:30 – 11:30 **Players join coaches on the field.** Combined instruction with coaches working with players and instructors mentoring coaches in providing instruction. Provides Hands-On instruction in learning techniques taught in the earlier session. (Breaks are included as needed)
- 11:30 – 12:00 Lunch (can be provided or brought)
- 12:00 – 2:00 Continued drill work and advanced skills by age group.
- 2:00 – 2:30 Closing Tips in Coaching and building character, leadership and success in baseball for coaches, players and parents.
- 2:30 – 4:00 **“Rag ball” Tournament.** Players are grouped by age and play a modified tournament format to allow them to have fun and apply some of the skills they learned that morning.

Who Should Attend?

- All coaches from T-ball through AAA should be required. Major league coaches are optional.
- Any player wanting to get a head start on the season by learning fundamentals and having fun! (ages 8 and up)
- T-ball coaches should attend by T-ball players should wait until the season begins to begin participation.

Notes:

- The cost to for each player and coach is only **\$5.00!**
- Look for more information regarding sponsors that will provide prizes during the day!
- Lunch will need to either be brought by the player or purchased at the concession area.
- The Max Sports team includes several coaches and instructors from the Huntsville area. These coaches have college level experience and/or have successfully coached at a high tournament level of baseball.